COGNITIVE IMPAIRMENT & PEER SUPPORT TRAINING

Cognitive Impairment & Peer Support helps peer specialists understand the experience of living with cognitive impairment and dementia

THIS TRAINING WILL PREPARE PEER RECOVERY SPECIALISTS TO:

- Identify how "normal" age-related changes differ from indicators of cognitive impairment.
- Identify risk factors for the development and progression of cognitive impairment symptoms and strategies to maximize brain health.
- Understand the experience of a person living with cognitive impairment and challenges they face.
- Gain skills to maximize relationships, identify individual strengths and promote meaningful engagement despite cognitive deficits.
- Identify strategies to maximize empowerment and minimize distress for individuals living with cognitive impairment.
- · Identify indicators of and respond to dementia-related behaviors.
- Identify local, state and national resources supporting individuals with cognitive impairment and their care partners.

THIS TRAINING IS FOR:
Certified Peer Recovery
Specialists (CPRS) or
anyone who provides peer
support.

cost: FREE thanks to our generous funders at the Baltimore County Local Behavioral Health Authority, Behavioral Health Systems Baltimore, and University of Maryland Training Center.







COGNITIVE IMPAIRMENT & PEER SUPPORT TRAINING SCHEDULE

DATE	TIME	FORMAT
Tuesday — 1/23/2024	9:00AM-4:00PM	In-person Register Here: https://www.edgereg.net/er/Registra- tion/RegistrationForm.jsp?Activity- ID=42356&ItemID=137956
Thursday — 2/29/2024	9:00AM-4:00PM	In-person Register Here: https://www.edgereg.net/er/Registra- tion/RegistrationForm.jsp?Activity- ID=42407&ItemID=138140