



John T. Parkhurst, PhD

Dr. Parkhurst is a clinical child and adolescent psychologist and Psychology Director of Primary Collaborative Care in the Pritzker Department of Psychiatry and Behavioral Health at Ann and Robert H. Lurie Children's Hospital of Chicago. He is an Assistant Professor of Psychiatry at the Feinberg School of Medicine, Northwestern University.

Dr. Parkhurst directs the Mood, Anxiety, ADHD Collaborative Care (MAACC) program that trains and consults with primary care clinicians to expand access to mental health treatment. MAACC was designed with the principles of the Chronic Care Model (CoCM). The MAACC team uses a hub-spoke system to train, consult and, in some cases, provide co-management of patients with mental health needs referred from small-medium sized pediatric practices.

He specializes in evidence-based assessment and cognitive behavioral therapy treatment for children and adolescents with anxiety and comorbid conditions. Areas of research include diagnostic decision making, measurement-based care, and anxiety disorders. Dr. Parkhurst is Co-I on a Patient Centered Outcomes Research Institute (PCORI) grant, Partners in Caring for Anxious Youth (PCAY).