

# **Maryland Coalition of Families**

### www.mdcoalition.org , 410.730.8267

- Free Parent & Caregiver virtual support groups.
- Providing family peer support. To be paired with a local peer specialist who knows what it's like to support a family member with a behavioral health condition, contact 410-730-8267 or <u>referral@mdcoalition.org</u>

# MD Center of Excellence on Problem Gambling

### www.mdproblemgambling.com, 1-800-Gambler (24/7 helpline)

- To speak with a trained peer specialist who knows what it's like to live with a gambling problem, call Baltimore County Peer Recovery Support Specialist Kenneth Wolfson: 443-690-9811.
- Gamblers Anonymous remote meeting information: 855-222-5542 or online meeting finder. Local MD Telephone Meetings and National Meetings available daily.

# **REACH Team**

### 410.88REACH (410-887-3224); Monday thru Saturday, 8:30am - midnight

- Call to speak with a trained peer specialist, who knows what it's like to live with a substance use disorder. Connect callers with resources and support for substance use, substance disposal, and family support resources.
- Providers can also call for help referring to addiction treatment.
- Naloxone trainings continue to be held online during the pandemic, with Naloxone dropped off at participants' doorstep.

# **Veterans: Serving Together Peer Navigators**

#### www.servingtogetherproject.org, 301-738-7176

• Serving Together Peer Navigators are available Monday - Friday 9:00 am - 4:30pm. They continue to work remotely and to utilize the UniteUs platform to conduct intakes and make curated referrals.

# **NAMI Metro Baltimore**

#### http://namibaltimore.org; (410) 435-2600

- Contact the helpline Helpline Monday thru Friday, 9am-5pm for resource support.
- Offering online, peer led support groups for adults living with mental illness, young adults living with mental illness, family members, caregivers and loved ones of individuals living with mental illness.

## **Wellness & Recovery Centers**

Peer-run wellness and recovery centers provide peer support and other recovery-oriented services.

#### Martylog Wellness and Recovery Center 410-917-2702; 3 Millford Mill Road Pikesville, MD 21208

• Offering warmline support from 9am-7pm daily: 410-917-2702. Leave a message if there is no answer and they'll call you back.

### One Voice Dundalk

#### 410-282-1706; 6718 Holabird Avenue Baltimore, MD 21222

- Offering warmline support to its members and community: 410-935-6721. Leave a message if there is no answer and they'll call you back.
- Reopened July 13, 2020. For more information please call the center at 410-282-1706.

On Our Own Towson Center 410-494-4163; towsonooo@outlook.com Sheppard Pratt Building D, Room D020 6501 N. Charles Street Baltimore, MD 21204

On Our Own of Catonsville Center 410-747-4492, Ext. 1203; 7 Bloomsbury Avenue Catonsville, MD 21228

### **IMAGE** Center

#### https://imagemd.org, 410-982-6311

- Serving people with all disabilities. A nonresidential Center for Independent Living, with staff members who are primarily people with disabilities living independent lives and teaching these skills to others.
- Support for people interested in transitioning out of nursing homes and into the community: 443-219-7407.

## Alcoholics Anonymous Baltimore Metro Area

#### https://baltimoreaa.org, 410-663-1922 (24/7 helpline)

- Central place to connect with Baltimore Metro area AA programming. Currently providing in-person and virtual meetings.
- **Better with Age AA Group**: open AA meeting oriented toward Older Adult (55+) issues, but all ages are welcomed. Recurring remote meeting held on Mondays from 10:30-11:30am and Thursdays from 2- 3:00pm. Contact the helpline or email intergroup@baltimoreaa.org for info to join.
- Contact the helpline to learn about other specialized meetings.