



Vibrant Aging: Peers Program

Baltimore County Peer Support Resources

Maryland Coalition of Families

www.mdcoalition.org, 410.730.8267

- Free Parent & Caregiver virtual support groups.
- Providing family peer support. To be paired with a local peer specialist who knows what it's like to support a family member with a behavioral health condition, contact 410-730-8267 or referral@mdcoalition.org

MD Center of Excellence on Problem Gambling

www.mdproblemgambling.com, 1-800-Gambler (24/7 helpline)

- To speak with a trained peer specialist who knows what it's like to live with a gambling problem, call Baltimore County Peer Recovery Support Specialist Kenneth Wolfson: 443-690-9811.
- Gamblers Anonymous remote meeting information: 855-222-5542 or [online meeting finder](#). Local MD Telephone Meetings and National Meetings available daily.

REACH Team

410.88REACH (410-887-3224); Monday thru Saturday, 8:30am – midnight

- Call to speak with a trained peer specialist, who knows what it's like to live with a substance use disorder. Connect callers with resources and support for substance use, substance disposal, and family support resources.
- Providers can also call for help referring to addiction treatment.
- Naloxone trainings continue to be held online during the pandemic, with Naloxone dropped off at participants' doorstep.

Veterans: Serving Together Peer Navigators

www.servingtogetherproject.org, 301-738-7176

- Serving Together Peer Navigators are available Monday - Friday 9:00 am - 4:30pm. They continue to work remotely and to utilize the UniteUs platform to conduct intakes and make curated referrals.

NAMI Metro Baltimore

<http://namibaltimore.org>; (410) 435-2600

- Contact the helpline Helpline Monday thru Friday, 9am-5pm for resource support.
- Offering online, peer led support groups for adults living with mental illness, young adults living with mental illness, family members, caregivers and loved ones of individuals living with mental illness.

Wellness & Recovery Centers

Peer-run wellness and recovery centers provide peer support and other recovery-oriented services.

Martylog Wellness and Recovery Center

410-917-2702; 3 Millford Mill Road Pikesville, MD 21208

- Offering warmline support from 9am-7pm daily: 410-917-2702. Leave a message if there is no answer and they'll call you back.

One Voice Dundalk

410-282-1706; 6718 Holabird Avenue Baltimore, MD 21222

- Offering warmline support to its members and community: 410-935-6721. Leave a message if there is no answer and they'll call you back.
- Reopened July 13, 2020. For more information please call the center at 410-282-1706.

On Our Own Towson Center

410-494-4163; towsonooo@outlook.com

Sheppard Pratt Building D, Room D020

6501 N. Charles Street Baltimore, MD 21204

On Our Own of Catonsville Center

410-747-4492, Ext. 1203; 7 Bloomsbury Avenue Catonsville, MD 21228

IMAGE Center

<https://imagemd.org>, 410-982-6311

- Serving people with all disabilities. A nonresidential Center for Independent Living, with staff members who are primarily people with disabilities living independent lives and teaching these skills to others.
- Support for people interested in transitioning out of nursing homes and into the community: 443-219-7407.

Alcoholics Anonymous Baltimore Metro Area

<https://baltimoreaa.org>, 410-663-1922 (24/7 helpline)

- Central place to connect with Baltimore Metro area AA programming. Currently providing in-person and virtual meetings.
- **Better with Age AA Group:** open AA meeting oriented toward Older Adult (55+) issues, but all ages are welcomed. Recurring remote meeting held on Mondays from 10:30-11:30am and Thursdays from 2- 3:00pm. Contact the helpline or email intergroup@baltimoreaa.org for info to join.
- Contact the helpline to learn about other specialized meetings.