Baltimore County Department of Health Bureau of Behavioral Health



Navigating Baltimore County's Public Behavioral Health System of Care



March 2021

DEPARTMENT OF HEALTH

Bureau of Behavioral Health

"To strengthen and sustain a safe and effective behavioral health system of care that promotes wellness and recovery"

Where to Find Help

Emergency Behavioral Health Resources in Baltimore County

Where to Find Help: Baltimore County Crisis Response Services (BCCRS)

- Crisis Operations/Hotline Accessed through 24/7/365 Hotline (410-931-2214)
- In-Home Intervention Team (IHIT)
- Urgent Care Clinic (UCC)
- Mobile Crisis Team (MCT)
 - Co-response model with Baltimore County Police Department
- Crisis Intervention Team (CIT)
- Community Education Events

Where to Find Help: 410-88-REACH

- Substance Misuse and Recovery Helpline
- 8:30 AM until 12:00 AM (midnight)
- Monday thru Saturday
- Provides linkages to:
 - Withdrawal management or treatment
 - Support groups
 - Peer support
 - Family support
 - Harm reduction

Where to Find Help: Help Line

Mental Health Resources

Baltimore County Department of Health 6401 York Road, Third Floor Baltimore, Maryland 21212-2130 Email: <u>behavioralhealth@baltimorecountymd.gov</u> Phone: 410-887-3828 TTY users call via Maryland Relay

The Baltimore County Department of Health is available to help residents in receiving medication assistance, applications for services and resources regarding mental health services.

Where to Find Help: 24/7/365 National Resources

- National Suicide Prevention Lifeline
 - -CALL 1-800-273-8255
 - -CHAT online at suicidepreventionlifeline.org/chat/
- National Crisis Text Line
 —TEXT HOME to 741741

Contact Us

Local Behavioral Health Authority (LBHA) Baltimore County, Department of Health Bureau of Behavioral Health (BBH) 6401 York Road, 3rd Floor Baltimore County, MD 21212 Phone: (410) 887-3828 Fax: (410) 832-8537

https://www.baltimorecountymd.gov/Agencies/health/healthservices/mental/