



Baltimore County Department of Health
Bureau of Behavioral Health (BBH)
Local Behavioral Health Authority (LBHA)
Child, Adolescent and Young Adult (CAYA) and Family Services
Phone: 410-887-3828 | Fax: 410-887-3786



The LBHA plans and oversees publicly funded behavioral health services for youth and families in Baltimore County. The LBHA does not provide direct services except for the REACH program. However, the LBHA contracts some grant-funded services to selected providers. Some services have program specific referral forms. Others require Medical Assistance. Some forms are available at www.baltimorecountymd.gov/go/mentalhealth (visit website and select “Mental Health Forms”). Some exclusions and waitlists may apply.

Please contact the following to discuss needs or request a referral form:

- Tiffany Chavis (ages 0-12): 410-887-3828; tchavis@baltimorecountymd.gov
- Heather Dewey (ages 13-24): 410-887-0570; hdewey@baltimorecountymd.gov

EARLY CHILDHOOD SERVICES

Target Population: Ages 5 and below, at risk for termination from day care **and/or** presenting significant challenges at home

Vendor: MENTOR Maryland/IFCS

- Contact Tiffany Chavis at 410-887-3828
- On-site day care consult (to staff) and/or home based family counseling
- Specific referral form required

FLEX FUNDS

- The LBHA can provide limited financial assistance for specific purposes
- Visit www.baltimorecountymd.gov/go/mentalhealth and select “Mental Health Forms” for details

IN-HOME INTERVENTION PROGRAMS

Target Population: Children & adolescents (ages 3-17) considered at risk for out-of-home placement, and their families; must have a diagnosed Mental Health Disorder; must attend outpatient mental health treatment on a regular basis

Vendors: Villa Maria Behavioral Health or MENTOR Maryland/IFCS

- Contact Tiffany Chavis at 410-887-3828
- Service 2x/week for up to 5 months
- Youth and caregiver-focused intervention to strengthen family functioning
- Specific referral forms plus a Psychosocial Assessment required

REACH — SUBSTANCE MISUSE AND RECOVERY HELPLINE

- **Contact 410-88-REACH**, 8:30 AM to Midnight, daily except Sunday
- No cost—insurance not required
- Provide Recovery Support, Referral, Education, Assessment, Collaboration, and Help
- Peer Support Specialists use knowledge from lived experience to encourage individuals and family members towards a path of recovery

RESPITE, HOME-BASED

Target Population: Caregivers of youth ages 17 and below, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis

Vendor: Catholic Charities, Villa Maria Children’s Continuum

- Contact Tiffany Chavis at 410-887-3828
- A respite specialist picks the youth up at home and spends time one-one for recreational purposes with the goal of providing a break for caregivers
- Monthly service; maximum 288 hours total; one year duration
- Specific referral form required

RESPITE, INSTITUTIONAL WEEKEND

Target Population: Caregivers of youth ages 5-12, at risk for out of home placement; youth must have a mental health diagnosis and attend outpatient mental health treatment on a regular basis

Vendor: Catholic Charities, St. Vincent’s Villa Residential Treatment Center

- Contact Tiffany Chavis at 410-887-3828
- Limited access, only for youth who need institutional level of respite
- No referral form, requires therapist’s statement of caregivers’ need for respite
- Youth’s most recent assessments are required
- Based on space availability in the facility

RESPITE, OUT-OF-HOME RESPITE

Target Population: Caregivers of youth ages 17 and below, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis

Vendor: Children’s Choice

- Contact Tiffany Chavis at 410-887-3828
- Youth stays in a treatment foster care home (usually for two-night weekends, but can be single nights or week nights)
- Requires caregiver and youth interview
- Specific referral form required

SUBSTANCE ABUSE SCREENING, INFORMATION, REFERRAL AND BRIEF EDUCATION

Target Population: Ages 13+

Vendor: Bureau of Behavioral Health at Eastern Family Resource Center

- Contact 410-887-6465; Self, professional, school system representative or legal system representative may refer

THERAPEUTIC AFTER-SCHOOL PROGRAM

Target Population: Elementary school age, at risk for out of home placement; must have Medical Assistance

Vendor: Villa Maria at Lansdowne

- Contact Sara Rothstein at 667-600-3992
- Services: transportation for youth in Lansdowne; individual, group, family therapies; PRP services; recreational activities; homework assistance; caregiver support group

TRANSITION AGE YOUTH (TAY) RESIDENTIAL REHABILITATION PROGRAM (RRP)

Target Population: Ages 18-25 who have a priority mental illness diagnosis and need assistance with independent living skills

Vendor: People Encouraging People (PEP)

- Contact Tiffany Chavis at 410-887-3828
- Individual must be able to conduct their behaviors in a manner safe to self and others while living in an apartment (often sharing with an apartment-mate)
- Individual must engage in mental health treatment and daily activities or school
- Individual must adhere to program rules and with taking prescribed medication routines
- Individual must have Medical Assistance only, no other insurance is accepted
- Individual must have or be eligible for Supplemental Security Income (SSI)

Helpful Programs of Other Agencies

BALTIMORE COUNTY CRISIS RESPONSE SYSTEM

Target Population: Baltimore County residents of all ages; no cost--insurance not required

Vendor: Affiliated Santé

- Contact directly for all services at **410-931-2214 (24-hour crisis hotline)**
- Mobile crisis team
- In-home intervention team for short term care
- Urgent care clinic by appointment

CARE COORDINATION/CASE MANAGEMENT

Target Population: Ages 0-18 at time of enrollment, individuals with Medical Assistance or uninsured with mental health disorder who need help accessing/coordinating services

Vendor: Hope Health Systems, Inc.

- Contact Ronni Nunez, Supervisor, at 410-265-8737
- Fax referral directly to Hope Health at 410-265-1258
- Meet with families in the home or community
- Informed by the System of Care Model
- Three levels of service intensity according to need
- Implement Level III/1915i service access
- Specific referral form required

INTERAGENCY FAMILY PRESERVATION

Target Population: Families with complex issues or a youth at risk for out of home placement

Vendor: Baltimore County Department of Social Services (DSS)

- Contact Tiffany Chavis at 410-887-3828
- In-home service, 4-12 months
- Access to crisis resources
- Specific referral form required

MENTAL HEALTH STABILIZATION SERVICES

Target Population: Youth involved with Baltimore County Department of Social Services

Vendor: Affiliated Santé

- 8 weeks of community based stabilization services for youth with mental health needs
- No cost for services; insurance not required

PARENT PEER SUPPORT/FAMILY NAVIGATION

Target Population: Caregivers who have youth with intensive needs related to mental health, substance use, or developmental disabilities

Vendor: Catholic Charities

- Contact 667-600-3074
- Provide information and support
- No cost for services; insurance not required

PARENT PEER SUPPORT/FAMILY NAVIGATION

Target Population: Caregivers who have youth with intensive needs related to mental health, substance use, or developmental disabilities; Loved ones of individuals with needs related to problem gambling or substance use; Early childhood mental health supports

Vendor: MCF (MD Coalition of Families)

- Contact 410-730-8267 or visit www.mdcoalition.org
- Provide information, workshops, trainings (including Narcan) and support groups (statewide/virtual)
- No cost for services; insurance not required

PROJECT ACT

Target Population: Pre-school aged youth with needs related to social/emotional development, at risk of termination from day care

Vendor: Abilities Network

- Contact 410-828-7700 x 1293
- Mental Health/Behavioral Health consultation to day care centers or licensed homes

RESPIRE, BOARD OF CHILD CARE

Target Population: Caregivers of youth ages 17 and below, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis

Vendor: Board of Child Care

- Contact 443-597-8149
- Access to a foster care respite home for up to two weekends a month
- Funded by Medical Assistance or private pay

RESPIRE, CAMP JOURNEY (in Frederick, MD)

Target Population: Caregivers of youth ages 11-17, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis

Vendor: Way Station

- Contact 1-888-878-5066 x 6149
- Weekend respite or school break respite in a group home setting
- Transportation-pick-up and drop-off at Howard County Fairgrounds
- Funded by Medical Assistance or private pay

RESPIRE, CHILDREN'S CHOICE

Target Population: Caregivers of youth ages 17 and below, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis

Vendor: Children's Choice

- Contact 410-319-9681
- Access to a foster care respite home for up to two weekends a month
- Funded by Medical Assistance or private pay

VOLUNTARY PLACEMENT AGREEMENT (VPA)

- Contact Baltimore County Department of Social Services (DSS) at 410-887-TIME
- Temporary custody agreement between caregivers and **DSS**, which allows families to access out of home treatment for their youth at a residential treatment center or a diagnostic center
- Must have a psychiatrist's assessment and recommendation, which specifies residential treatment center or diagnostic center