The LBHA plans and oversees publicly funded behavioral health services for youth and families in Baltimore County. The LBHA does not provide direct services except for the REACH program. However, the LBHA contracts some grant-funded services to selected providers. Some services have program specific referral forms. Others require Medical Assistance. Some forms are available at [www.baltimorecountymd.gov/go/mentalhealth](http://www.baltimorecountymd.gov/go/mentalhealth) (visit website and select “Mental Health Forms”). Some exclusions and waitlists may apply.

Please contact the following to discuss needs or request a referral form:

- Tiffany Chavis (ages 0-12): 410-887-3828; tchavis@baltimorecountymd.gov
- Heather Dewey (ages 13-24): 410-887-0570; hdewey@baltimorecountymd.gov

**EARLY CHILDHOOD SERVICES**

**Target Population:** Ages 5 and below, at risk for termination from day care and/or presenting significant challenges at home

**Vendor:** MENTOR Maryland/IFCS

- Contact Tiffany Chavis at 410-887-3828
- On-site day care consult (to staff) and/or home based family counseling
- Specific referral form required

**FLEX FUNDS**

- The LBHA can provide limited financial assistance for specific purposes
- Visit [www.baltimorecountymd.gov/go/mentalhealth](http://www.baltimorecountymd.gov/go/mentalhealth) and select “Mental Health Forms” for details

**IN-HOME INTERVENTION PROGRAMS**

**Target Population:** Children & adolescents (ages 3-17) considered at risk for out-of-home placement, and their families; must have a diagnosed Mental Health Disorder; must attend outpatient mental health treatment on a regular basis

**Vendors:** Villa Maria Behavioral Health or MENTOR Maryland/IFCS

- Contact Tiffany Chavis at 410-887-3828
- Service 2x/week for up to 5 months
- Youth and caregiver-focused intervention to strengthen family functioning
- Specific referral forms plus a Psychosocial Assessment required
REACH — SUBSTANCE MISUSE AND RECOVERY HELPLINE

- **Contact** 410-88-REACH, 8:30 AM to Midnight, daily except Sunday
- No cost—insurance not required
- Provide Recovery Support, Referral, Education, Assessment, Collaboration, and Help
- Peer Support Specialists use knowledge from lived experience to encourage individuals and family members towards a path of recovery

RESPITE, HOME-BASED

**Target Population:** Caregivers of youth ages 17 and below, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis

**Vendor:** Catholic Charities, Villa Maria Children’s Continuum

- Contact Tiffany Chavis at 410-887-3828
- A respite specialist picks the youth up at home and spends time one-one for recreational purposes with the goal of providing a break for caregivers
- Monthly service; maximum 288 hours total; one year duration
- Specific referral form required

RESPITE, INSTITUTIONAL WEEKEND

**Target Population:** Caregivers of youth ages 5-12, at risk for out of home placement; youth must have a mental health diagnosis and attend outpatient mental health treatment on a regular basis

**Vendor:** Catholic Charities, St. Vincent’s Villa Residential Treatment Center

- Contact Tiffany Chavis at 410-887-3828
- Limited access, only for youth who need institutional level of respite
- No referral form, requires therapist’s statement of caregivers’ need for respite
- Youth’s most recent assessments are required
- Based on space availability in the facility

RESPITE, OUT-OF-HOME RESPITE

**Target Population:** Caregivers of youth ages 17 and below, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis

**Vendor:** Children’s Choice

- Contact Tiffany Chavis at 410-887-3828
- Youth stays in a treatment foster care home (usually for two-night weekends, but can be single nights or week nights)
- Requires caregiver and youth interview
- Specific referral form required

SUBSTANCE ABUSE SCREENING, INFORMATION, REFERRAL AND BRIEF EDUCATION

**Target Population:** Ages 13+

**Vendor:** Bureau of Behavioral Health at Eastern Family Resource Center

- Contact 410-887-6465; Self, professional, school system representative or legal system representative may refer
THERAPEUTIC AFTER-SCHOOL PROGRAM
Target Population: Elementary school age, at risk for out of home placement; must have Medical Assistance
Vendor: Villa Maria at Lansdowne
- Contact Sara Rothstein at 667-600-3992
- Services: transportation for youth in Lansdowne; individual, group, family therapies; PRP services; recreational activities; homework assistance; caregiver support group

TRANSITION AGE YOUTH (TAY) RESIDENTIAL REHABILITATION PROGRAM (RRP)
Target Population: Ages 18-25 who have a priority mental illness diagnosis and need assistance with independent living skills
Vendor: People Encouraging People (PEP)
- Contact Tiffany Chavis at 410-887-3828
- Individual must be able to conduct their behaviors in a manner safe to self and others while living in an apartment (often sharing with an apartment-mate)
- Individual must engage in mental health treatment and daily activities or school
- Individual must adhere to program rules and with taking prescribed medication routines
- Individual must have Medical Assistance only, no other insurance is accepted
- Individual must have or be eligible for Supplemental Security Income (SSI)

Helpful Programs of Other Agencies

BALTIMORE COUNTY CRISIS RESPONSE SYSTEM
Target Population: Baltimore County residents of all ages; no cost--insurance not required
Vendor: Affiliated Santé
- Contact directly for all services at 410-931-2214 (24-hour crisis hotline)
- Mobile crisis team
- In-home intervention team for short term care
- Urgent care clinic by appointment

CARE COORDINATION/CASE MANAGEMENT
Target Population: Ages 0-18 at time of enrollment, individuals with Medical Assistance or uninsured with mental health disorder who need help accessing/coordinating services
Vendor: Hope Health Systems, Inc.
- Contact Ronni Nunez, Supervisor, at 410-265-8737
- Fax referral directly to Hope Health at 410-265-1258
- Meet with families in the home or community
- Informed by the System of Care Model
- Three levels of service intensity according to need
- Implement Level III/1915i service access
- Specific referral form required
INTERAGENCY FAMILY PRESERVATION
Target Population: Families with complex issues or a youth at risk for out of home placement
Vendor: Baltimore County Department of Social Services (DSS)
  • Contact Tiffany Chavis at 410-887-3828
  • In-home service, 4-12 months
  • Access to crisis resources
  • Specific referral form required

MENTAL HEALTH STABILIZATION SERVICES
Target Population: Youth involved with Baltimore County Department of Social Services
Vendor: Affiliated Santé
  • 8 weeks of community based stabilization services for youth with mental health needs
  • No cost for services; insurance not required

PARENT PEER SUPPORT/FAMILY NAVIGATION
Target Population: Caregivers who have youth with intensive needs related to mental health, substance use, or developmental disabilities
Vendor: Catholic Charities
  • Contact 667-600-3074
  • Provide information and support
  • No cost for services; insurance not required

PARENT PEER SUPPORT/FAMILY NAVIGATION
Target Population: Caregivers who have youth with intensive needs related to mental health, substance use, or developmental disabilities; Loved ones of individuals with needs related to problem gambling or substance use; Early childhood mental health supports
Vendor: MCF (MD Coalition of Families)
  • Contact 410-730-8267 or visit www.mdcoalition.org
  • Provide information, workshops, trainings (including Narcan) and support groups (statewide/virtual)
  • No cost for services; insurance not required

PROJECT ACT
Target Population: Pre-school aged youth with needs related to social/emotional development, at risk of termination from day care
Vendor: Abilities Network
  • Contact 410-828-7700 x 1293
  • Mental Health/Behavioral Health consultation to day care centers or licensed homes
RESPITE, BOARD OF CHILD CARE
Target Population: Caregivers of youth ages 17 and below, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis
Vendor: Board of Child Care
- Contact 443-597-8149
- Access to a foster care respite home for up to two weekends a month
- Funded by Medical Assistance or private pay

RESPITE, CAMP JOURNEY (in Frederick, MD)
Target Population: Caregivers of youth ages 11-17, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis
Vendor: Way Station
- Contact 1-888-878-5066 x 6149
- Weekend respite or school break respite in a group home setting
- Transportation-pick-up and drop-off at Howard County Fairgrounds
- Funded by Medical Assistance or private pay

RESPITE, CHILDREN’S CHOICE
Target Population: Caregivers of youth ages 17 and below, at risk for out of home placement; youth must have Medical Assistance a mental health diagnosis and attend outpatient mental health treatment on a regular basis
Vendor: Children’s Choice
- Contact 410-319-9681
- Access to a foster care respite home for up to two weekends a month
- Funded by Medical Assistance or private pay

VOLUNTARY PLACEMENT AGREEMENT (VPA)
- Contact Baltimore County Department of Social Services (DSS) at 410-887-TIME
- Temporary custody agreement between caregivers and DSS, which allows families to access out of home treatment for their youth at a residential treatment center or a diagnostic center
- Must have a psychiatrist’s assessment and recommendation, which specifies residential treatment center or diagnostic center