

# GLOSSARY OF TERMS AND ABBREVIATIONS

## A

**ACLU** – American Civil Liberties Union

**ACT** – Assertive Community Treatment is a team treatment approach designed to provide comprehensive, community-based psychiatric treatment, rehabilitation, and support to persons with serious and persistent mental illness. Among the services ACT teams provide are: case management, initial and ongoing assessments; psychiatric services; employment and housing assistance; family support and education; substance abuse services; and other services and supports critical to an individual's ability to live successfully in the community. ACT services are available 24 hours per day, 365 days per year.

**ACY** – Advocates for Children and Youth – A Maryland non-profit advocacy organization.

**ADA** – Americans with Disabilities Act (PL 101-336). The ADA provides the means by which Americans with disabilities can overcome barriers. It is intended to provide a clear and comprehensive national mandate for the elimination of discrimination against individuals with disabilities, as well as a clear, strong, consistent, and enforceable set of standards addressing discrimination against individuals with disabilities.

**ADAA** – The Maryland Alcohol and Drug Abuse Administration is the state agency charged with services related to alcohol and substance use disorders. ADAA is located within the Department of Health and Mental Hygiene.

**Advance Directive** – Generally a written statement by a consumer, 18 years or over, which describes how the consumer wants medical decisions to be made should the individuals become unable to make informed decisions. Through this, a consumer can choose a person to act on his or her behalf, express how he or she wants to be treated under certain circumstances, who he or she wants to administer the treatment, what actions should or should not be taken, and when he or she wants to go for treatment when seriously ill and unable to make treatment decisions.

**AERS** – Adult Evaluation and Review Services – Provides comprehensive evaluations for older adults to prevent unnecessary and/or inappropriate hospitalization. AERS also provides comprehensive evaluations for adults for all ages to prevent unnecessary and/or inappropriate nursing home placements. A multi-disciplinary team assesses the individual's needs and identifies those services that would help the individual to remain in the community or in the least restrictive environment. AERS may provide assistance with obtaining the identified services or refer to other providers. The Office of Health Services (OHS) within the Department of Health and Mental Hygiene (DHMH) administers the AERS program.

**Aftercare Plan** – A written plan for the consumer for when the individual is discharged from an inpatient facility. The plan is developed by the inpatient facility with input from the consumer, community programs and government agencies that will be providing services to the consumer in the community. The Aftercare Plan must include information about all diagnoses, treatments, prescribed medication, where to obtain medication in the community, the date the consumer was released from the inpatient facility, the location of the community placement, the plan for continuing treatment, and a list of referrals for social services, legal aid, educational services, vocational services and medical treatment.

**AL** – Assisted Living

**ALJ** – Administrative Law Judge

**ALOS** - Average length of stay

**ALU** – Alternative Living Unit – A one-to-three person supervised home, usually approved by the Developmental Disabilities Administration or Mental Hygiene Administration.

**APA** – American Psychiatric Association

**APP** – House Appropriations Committee

**Appeal** – Any action a Medical Assistance-eligible individual files with the office of Administrative Hearings (OAH) contesting a denial of services decision made by the CSA or any action a provider files with OAH contesting a denial of a claim.

**APS** – Adult Protective Services –Services provided by the Department of Social Services to ensure adults are not abused, neglected or abandoned.

**ARC** – Association for Retarded Citizens, called The Arc.

**ASO** – Administrative Service Organization (ASO) – An organization that is under contract with the Mental Hygiene Administration to provide administrative services, including reviewing the utilization of public mental health care, giving authorization for mental health care, processing payment to the mental health care providers, and conducting quality assurance audits and surveys. MAPS-MD is the ASO in Maryland.

## **B**

**B&T** – Senate Budget and Taxation Committee

**Beneficiary** – An individual who is entitled to have some or all of his/her bills for mental health care paid for by Medicaid, Medicare or a private insurance plan.

**Benefits** – Medicaid, Medicare and private insurance provide benefits to people in the form of payment for some or all medical services, medical related services, rehabilitative services, and/or prescription drugs.

## C

**C&A Services** – Child and Adolescent Services – A division of the Mental Hygiene Administration that develops policy and monitors mental health services for individuals younger than 18 years of age.

**CAB/CAC** – Citizens Advisory Board, also known as CAC (Citizens Advisory Committee). A Citizens' board that ensures that community concerns and needs are expressed to appropriate county and State officials.

**Care Manager** – A mental health professional responsible for reviewing, coordinating and approving the mental health treatment of individuals served by the Maryland Public Mental Health System. The Care Manager must approve inpatient hospital, residential treatment, partial hospitalization and intensive/traditional outpatient services in advance or at the time of admission.

**Case Management** – The process by which mental health services and related support services for each consumer are coordinated and monitored.

**CARF** – Commission on Accreditation of Rehabilitation Facilities

**Carve-In** – A model of delivering and financing health care services in which mental health and/or substance abuse services are provided under the same delivery system as physical healthcare; the integration of behavioral healthcare and physical healthcare.

**Carve-Out** – The practice of having a specific benefit, such as mental health, operated as a distinct program, separate from the general health program.

**Case Rate** – A provider may determine in advance what mental health services will likely be needed by the consumer, during a set period of time. Based upon that determination, the provider may charge a case rate for those mental health services. If it turns out that more or less mental health care had to be provided to the consumer, the case rate remains the same.

**CBH** – Community Behavioral Health Association of Maryland – A professional and advocacy group composed of many of Maryland psychiatric rehabilitation program and outpatient mental health clinic providers. CBH is the result of the merger of the Maryland Association of Psychiatric Support Services and the Maryland Council of Community Mental Health Centers.

**CHC** – Community Health Charities, a federation of health agencies

**CHIP** – Child Health Insurance Program – CHIP provides health care insurance to uninsured children. CHIP is a block grant to States and, therefore, the funds may be depleted, without providing insurance to all uninsured children. Children who are eligible for Medicaid are not eligible for CHIP.

**CINA** – Child in Need of Assistance – This term refers to a child who requires court intervention because: (1) the child has been abused, has been neglected, has a developmental disability, or has a mental disorder; and (2) the child’s parents, guardian, or custodian are unable or unwilling to give proper care and attention to the child and the child’s needs.

**CINS** – Child in Need of Supervision – The State of Maryland Department of Juvenile Services applies this term to children and adolescents who exhibit acting-out and pre-delinquent behavior.

**CM** – Mental Health Case Management (COMAR 10.09.45) (Code of Maryland Regulations). "Targeted case management" services are targeted to individuals inadequately receiving mental health services. A Case Manager works with the individual to identify goals for the individual service plan, provides linkage to services, monitors service provision, and advocates on behalf of the individual.

**CMHC** – Community Mental Health Center

**CMHS** – Center for Mental Health Services. – A federal agency that provides leadership to (1) ensure the application of scientifically established findings and practice-based knowledge in the prevention and treatment of mental disorders; (2) improve access, reduce barriers, and promote high quality effective programs and services for people with, or at risk for these disorders, as well as for their families and communities; and (3) promote the rehabilitation of people with mental disorders. A source for federal block grants.

**CMI** – Chronically Mentally Ill, a term sometimes used to describe adults with serious and persistent mental illnesses. Currently, the term SMI (seriously mentally ill) is preferred when referring to the population. The term, “individuals with psychiatric disabilities” is also used frequently.

**CMS** – Centers for Medicare and Medicaid Services, the federal agency responsible for administering Medicare and Medicaid, among other duties. CMS was formerly named the Health Care Financing Administration (HCFA).

**COB** – Coordination of Benefits

**COMAR** – Code of Maryland Regulations. COMAR is the regulations that implement Maryland law.

**Community Behavioral Health Association of Maryland** – A professional association of community behavioral health providers. These providers perform services for people who are entitled to public mental health services and to people who pay (directly or by private insurance) to receive mental health care.

**Community Mental Health Program** – Community Mental Health Programs include Outpatient Mental Health Clinics, Therapeutic Nursery Programs, Mobile Treatment Services, Psychiatric Rehabilitation Programs and Residential Rehabilitation Programs.

**Complaint** – Any oral or written action a consumer in the population group or a provider files with the Public Mental Health System’s (PMHS) administrative service organization (ASO).

**CON** – Certificate of Need – Approval required by Maryland Health Resources Planning Commission for inpatient services for individuals of all ages. Required of a hospital before they are allowed to expand their facilities.

**CONS** – Certificate of Need for Services – Documentation indicating need for inpatient treatment generated by an independent team prior to a child or adolescent's admission to a hospital or residential treatment center. Maryland Health Partners (MHP) serves as the independent team for all Medicaid funded admissions to a residential treatment center (RTC).

**Consent Decree** – A class action lawsuit to provide Rights’ Advisors and legal representation for patients in State psychiatric facilities.

**Concurrent Review** – Review of health care services performed simultaneously and on an ongoing basis. Maryland Health Partners (MHP) follows the treatment as it is occurring and makes medical necessity determinations about the provisions of care while the care is being provided.

**Co-payment** – A co-payment is that portion of a bill for health care that the consumer must pay.

**Co-Occurring Conditions** – Refers to an individual who, in addition to a mental health diagnosis, is also diagnosed as having a substance use disorder, has developmental disabilities, has cognitive impairments, or has a serious medical condition (HIV positive, tuberculosis).

**Consumer** – A consumer is an individual who receives or received mental health services.

**Consumer Quality Team (CQT)** – Teams of consumers and family members that make unannounced visits to public mental health programs for children and adults. The CQT provides a mechanism for the immediate resolution of consumer problems, immediate feedback to providers and systemic feedback on how the mental health system is meeting the consumer needs.

**CPS** – Child Protective Services – Services provided by the State of Maryland Department of Human Resources, through the local Department of Social Services, in response to child abuse and neglect complaints received from the community.

**CRP** – Community Rehabilitation Program (formerly called a psychosocial program)

**CSA** – Core Service Agency – Local management entity for public mental health services within a jurisdiction. Responsibilities include planning, providing for service provision according to locally determined needs, and monitoring service delivery and evaluating service outcomes. CSAs are agents of

county or city government and may be county departments, quasi-governmental bodies or private non-profit corporations.

**Cultural Competence** – An understanding and acceptance of the beliefs, values and traditions of a consumer and the use of this knowledge to help the consumer reach his/her human potential.

## D

**DBM** –Maryland Department of Budget and Management – An executive department of the State government responsible for fiscal planning and the preparation of the State budget.

**DDA** –Maryland Developmental Disabilities Administration – An agency in the State government charged with providing services to individuals with developmental disabilities in Maryland. DDA is located within the Department of Health and Mental Hygiene.

**DHCD** –Maryland Department of Housing and Community Development – Maryland agency charged with administering federal and State programs for housing and community development.

**DHMH** –Maryland Department of Health and Mental Hygiene – Executive department of State government responsible for health related issues. Also known as the "State Health Department."

**DHR** –Maryland Department of Human Resources – A department of the State government charged with serving families and individuals who, due to financial hardship, disability, age, chronic disease, or any other cause, need help in obtaining basic necessities of food and shelter. Responsible for welfare programs.

**DJS** –Maryland Department of Juvenile Services – A department of the State government charged with providing juvenile justice services to children with suspected involvement in delinquent and/or status offenses.

**DOC** – Division of Corrections

**DOD** – Maryland Department of Disabilities

**DOJ** – Department of Justice

**DORS** –Maryland Division of Rehabilitation Services – A division of the Maryland State Department of Education that focuses on the vocational and rehabilitation needs of persons with disabilities. Formerly the Division of Vocational Rehabilitation or DVR.

**DPSCS** – Maryland Department of Public Safety and Correctional Services

**DRG** – Diagnostic Related Group

**Drug Formulary** – A medication list created by a health plan of prescription drugs that are pre-approved by the health plan.

**DSM-V** – Diagnostic and Statistical Manual of Mental Disorders, 5th edition, revised. Manual of standard definitions of clinical diagnostic terms. Produced by the American Psychiatric Association.

**DSS** – Department of Social Services. Local county agencies which provide a large range of services including: public assistance payments, medical assistance, protective services to children and adults, and services to families with children. These local agencies are under the State Department of Human Resources.

**Dual Eligible** – A person is dual eligible if the person is eligible for Medicare and for complete or partial Medicaid coverage.

## E

**Eastern Shore Hospital Center** – A State psychiatric hospital located in Dorchester County.

**EBP** – Evidence Based Practice

**ECM** – House Economic Matters Committee

**ED** – Emotionally Disturbed. Generally, this term refers to children and adolescents with serious mental illness.

**EHEA** – Senate Education, Health and Environmental Affairs Committee

**Eligible Uninsured (formerly known as “Gray Zone”)** – A term used to describe consumers who are uninsured or under-insured and who meet financial eligibility requirements to receive public mental health system care.

**Emergency Medical Treatment and Labor Act (EMTALA)** – A federal statute that requires hospitals to provide emergency treatment to all persons, including persons who do not have insurance and are unable to pay.

**Enhanced Support Services** – Enhanced Support Services are short-term services provided in the consumer’s home. Enhanced Support Services provide supervision and assistance to an individual experiencing an increase or instability of psychiatric symptoms. Enhanced Support Services are provided in addition to other mental health services. This service is only provided by a provider of psychiatric rehabilitation services (PRP), residential rehabilitation services (RRP) or mobile treatment services.

**ENV** – House Environmental Matters Committee

**EPSDT** – Early and Periodic Screening Diagnosis and Treatment – Federal law requires states to provide EPSDT services to all Medicaid-eligible recipients under age 22 in order to identify physical and mental problems through periodic examinations (called “screens”).

**ERISA** – Employee Retirement Income Security Act – Supersedes state regulations for employee health insurance programs where the company has self-insured.

**ESY** – Extended School Year – Provided for special education needs.

**Evidence Based Practice (EBP)** – Proven scientific research that has demonstrated successful and effective mental health interventions.

**EVS** – Eligibility Verification System – The mechanism used to determine if a Medicaid recipient has already selected a managed care organization.

## **F**

**Fee-for-Service** – A payment reimbursement system that pays providers for each unit of service delivered as identified by a claim or payment.

**FFCMH** – Federation of Families for Children's Mental Health

**FFP** – Federal Financial Participation – Reimbursement by the federal government to a state for its share of Medicaid expenditures.

**FFS** – Fee-for-Service

**FICC** – Federal Interagency Coordinating Council

**Finan Hospital Center** – A State psychiatric facility (Thomas B. Finan Center) located in Allegany County.

**Forensic Services** – Mental health services given to consumers as a result of a court order.

**FY-Fiscal Year** – The fiscal year for the State of Maryland runs from July 1 to June 30.

## **G**

**GAF** – Global Assessment of Functioning (GAF) Scale, DSM V – The reporting of overall function on Axis V is performed using the Global Assessment of Functioning (GAF) Scale. The GAF scale may be particularly useful in tracking the clinical progress of individuals in global terms, using a single measure. The GAF scale is to be rated with respect only to psychological and occupational functioning.

**GAO** – General Accounting Office

**GOC** – Governor's Office for Children

**Grievance** – Any oral or written action a consumer or a provider files due to disagreement with a decision made or care rendered. In the event that MAPS-MD denies a request for mental health services, in whole or in part, the consumer may file three levels of grievances and an appeal to have the

matter reviewed by a MAPS-MD psychiatrist, a MAPS-MD Medical Director, the Core Service Agency, and a Hearing Examiner at the Office of Administrative Hearings.

**Group Home** – A private residence where consumers who have been or are in treatment for mental illnesses may be provided care in a homelike environment.

## H

**HB** – House Bill – Legislation introduced in the Maryland House of Delegates (e.g., HB 38).

**HD** – Health Department – Local governing authority that oversees the health and often the mental health agencies within its specific jurisdiction.

**Health Choice** – Maryland’s Medical Assistance program

**HEAU** – Health Education and Advocacy Unit (in the Attorney General’s office)

**HGO** – House Health and Government Relations Committee

**HHS** – U.S. Department of Health and Human Services, the federal health agency.

**HIPPA** – Health Insurance Portability and Accountability Act

**HMO** – Health Maintenance Organization – A healthcare organization that offers an organized system for providing healthcare to an enrolled group of people.

**Home and Community Based Waiver** – The federal government provides a waiver to States to allow Medicaid payment for specific services in the consumer’s home or community, instead of requiring that the services be provided in an institution.

**Home Health Psychiatric Services** – A licensed home health agency that provides intensive psychiatric services in the consumer’s home.

**HRD** – Human Resource Development – General term used in reference to staffing issues, including staffing patterns, training, hiring and retention of staff.

**HSCRC** – Health Services Cost Review Commission. Oversees the system of regulating reimbursement for hospital-based services in Maryland.

**HUD** – Department of Housing and Urban Development – A federal agency responsible for housing programs; in particular, Section 8, a program of housing vouchers for the disabled.

## I

**IAC** – Interagency Committee on Aging Services – Established by the Maryland General Assembly in 1983 to ensure coordination of services to elderly Marylanders. It includes the Department of Health and Mental Hygiene, Human Resources, Housing and Community Development, Economic and Employment Development, Transportation, the State Office on Aging, local area Agencies on Aging, and a representative of the general public.

**ICC** – Interagency Coordinating Council (required by Part H, PL 99-457)

**IDEA** – Individuals with Disabilities Education Act (PL 101-496) – Amended the Education for all Handicapped Act (PL 94-142). IDEA guarantees a free appropriate public education for children with disabilities.

**IEP** – Individualized Education Plan for the special education needs of a particular child.

**IFSP** – Individual Family Services Plan

**I&R** – Information and Referral

**IMD** – Institute for Mental Disease as defined by 42 CFR (Code of Federal Regulations) § 435.1009. IMDs include State psychiatric hospitals (in-patient care).

**IOP** – Intensive Outpatient treatment may only be provided and reimbursed by approved Outpatient Mental health Services programs or Psychiatric Day Treatment programs. IOP is a program of intensive treatment, involving multiple treatment services, on multiple days which are provided by a multidisciplinary team. This is considered a short-term, intensive intervention.

**IRWE** – Impaired-Related Work Expenses – When an individual works while receiving Social Security Disability or SSI benefits, certain impairment-related work expenses can be deducted from what is counted as earnings by Social Security.

**IRB** – Institutional Review Board – A committee that approves and monitors research projects, with respect to regulations protecting human research subjects.

**IRP** – Individual Rehabilitation Plan

## J

**JCAHO** – Joint Commission on Accreditation of Healthcare Organizations – An organization that surveys, evaluates, and accredits hospitals and other health care facilities and programs.

**JOBS** – Job Opportunities & Basic Skills Program

**JPR** – Senate Judicial Proceedings Committee

**JUD** – House Judiciary Committee

## **L**

**LAP** – Legal Assistance Program – A State supported legal program, established by the Coe Consent Decree, to provide lawyers to patients in State psychiatric facilities to assist with domestic, housing and financial problems and rights issues.

**LCC** – Local Coordinating Council (for children's services) – An interagency committee of major agencies dealing with children and adolescents in a county. An LCC includes representatives of the local Department of Juvenile Services, the school system, the Department of Social Services, and the Mental Hygiene Administration. The committee finds appropriate placements for disabled children and adolescents with complex needs.

**LCPC** – Licensed Certified Professional Counselor – A person who is licensed and legally authorized by the State to practice as a professional counselor.

**LCSW-C** – Licensed Certified Social Worker Clinical

**LEA** – Local Education Agency – This normally identifies a local board of education as it relates to funding and service provisions for students within that county. The acronym LEA has recently been changed to LSS—“Local School System.”

**LHD** – Local Health Department

**Lisa L.** – A successful Maryland class action lawsuit (1987) on behalf of children and adolescents, which requires the timely discharge from hospital to community placement.

**LMB** – Local Management Board (Formerly known as Local Planning Entity LPE) – Coordinating board for local jurisdictions, to ensure the implementation of the interagency service delivery system for children, youth and families.

**LMHAC** – Local Mental Health Advisory Committee.

**LSS** – Local School System – This identifies a local board of education as it relates to funding and service provision for students within that county. Replaces the Local Education Agency.

# M

**MA** – Medical Assistance – Medicaid, the federal-state program that pays medical costs for very low-income people. Recipients of need-based cash benefit programs such as SSI, AFDC, and PAA are automatically covered by Medicaid in Maryland.

**MACSA** – Maryland Association of Core Service Agencies – The organization that represents the CSA directors.

**Managed Care** – A process used by insurers to reduce healthcare services deemed to be unnecessary.

**Managed Care Organization (MCO)** – An organization that has a contract with the State Medicaid agency to provide health services to consumers for a monthly capitation rate for each consumer.

**MAPS-MD** – An administrative service organization that is under contract with the Mental Hygiene Administration to provide administrative duties. MAPS-MD has many duties, including reviewing the utilization of public mental health care, giving authorization for public mental health care, processing payments to the mental health care providers and conducting quality assurance audits and surveys.

**MARFY** – Maryland Association of Resources for Families and Youth – A professional advocacy group comprised of providers of residential and related services for children and youth.

**MASBHC** – Maryland Assembly on School Based Health Care

**MCCJTP** – Maryland Community Criminal Justice Treatment Program – An MHA initiated program that provides services in all detention centers and case management to transition inmates with mental illness back to the community.

**MCHP** – Maryland Children’s Health Program – This program is administered by DHMH to make available health care to children and adolescents, under the age of 19, and pregnant women of any age whose family income is up to 200% of the federal poverty level.

**Maryland Coalition of Families for Children’s Mental Health** – Is a grassroots coalition of family and advocacy organizations dedicated to improving services for children with mental health needs and their families.

**MDoA** – State of Maryland Department of Aging – An independent State agency. MDoA is charged with serving the needs of Marylanders age 60 or older who meet financial eligibility. Along with local Agencies on Aging, MDoA oversees various programs statewide.

**MDLC** – The Maryland Disability Law Center – A private, non-profit organization providing free legal services to individuals with disabilities who have legal problems such as abuse and neglect, discrimination in employment and other areas, special education, and public benefit entitlements.

**MDOD** – Maryland Department of Disabilities oversees the restructuring and reorganization of government delivery of services and programs for people with disabilities in Maryland, through collaboration with all state agencies.

**MedChi** - Medical and Chirurgical Faculty – A professional organization for Maryland physicians.

**Medicare** – A nationwide federally administered program that covers the costs of hospitalization, medical care and some related services for the elderly and other individuals with select disabilities.

**Medicare Part D** – Medicare’s prescription drug benefit. This program available to all people who receive Medicare will help pay for some or all drug costs for people who join this plan.

**Medical Assistance** – See MA

**Medical Necessity** – A determination that particular health care services are necessary for an individual. Medical necessity criteria help Care Managers determine the most appropriate level of care and intensity of services an individual requires.

**MFP** – Money Follows the Person

**MH** – Mental Health

**MHA** –Mental Health America is national non-profit organization dedicated to helping all people live mentally healthier lives.

**MHA** – Maryland Hospital Association – Statewide organization representing hospitals in Maryland.

**MHA** – Mental Hygiene Administration – State agency responsible for funding and overseeing all State-supported mental health services. MHA is located in the Department of Health and Mental Hygiene.

**MHAC** – Mental Health Advisory Committee – County-based citizens' committees established by State law that advises certain State and county officials on local mental health needs and issues. (Sometimes known as LMHAC- Local Mental Health Advisory Committee).

**MHCC** – Maryland Health Care Commission – State Agency which is a public commission appointed by the Governor by advise and consent of the Maryland Senate. Responsibilities include the development of a comprehensive, standard health benefit plan for the State, adoption of a State Health Plan, implementation of certificate of need (CON), the development of a payment system for health care practitioners, and development of quality and performance measures for HMOs, nursing homes, and ambulatory surgery centers in hospitals.

**MHRPC** – Maryland Health Resources Planning Commission – State agency charged with ongoing development of a State plan for health services. MHRPC determines need for various health services, limits and regulates the development of services according to needs.

**MIA** – Maryland Insurance Administration – An independent State agency that regulates the Maryland insurance industry and protects consumers by ensuring that insurance companies and health plans act

in accordance with insurance laws. The Maryland Insurance Administration is also responsible for investigating and resolving consumer complaints and questions concerning insurance companies operating in Maryland.

**MIAW** – Mental Illness Awareness Week – First week in October. Mental Health Associations conduct activities to provide information to the public on mental illness during this week.

**MJCIA** – Maryland Joint Commission on Inter-professional Affairs – A cooperative effort of the Maryland Psychological Association, the National Association of Social Workers-MD chapter, the Maryland Nurses Association and the Maryland Psychiatric Society.

**MNA** – Maryland Nurses Association

**MOA** – Memorandum of Agreement

**MOU** – Memorandum of Understanding

**MPA** – Maryland Psychological Association

**MPAP** – Maryland Pharmacy Assistance Program – This program helps Maryland residents who are ineligible for Medicaid but have low-incomes; to pay for certain maintenance drugs used to treat long-term illnesses.

**MPRC** – Maryland Psychiatric Research Center – Performs research on schizophrenia in both inpatient and outpatient settings. Affiliated with the University of Maryland.

**MPS** – Maryland Psychiatric Society

**MSCSW** – Maryland Society for Clinical Social Work

**MSDE** – Maryland State Department of Education

**MTS** – Mobile Treatment Service – A unique combination of clinical and case management services for individuals whose needs have not been met by traditional services. The objective of MTS is to promote rehabilitation through the provision of care and services to select consumers with serious and persistent mental illnesses who are at greatest risk of relapse and hospitalization or who repeatedly utilize emergency services. A multi-disciplinary team provides this service.

**MVA** – Motor Vehicle Administration

## **N**

**NAMI** – National Alliance on Mental Illness – A national advocacy organization for families and friends of people with psychiatric disabilities.

**NAMI-MD** – National Alliance on Mental Illness in Maryland is an advocacy organization for family and friends of people in Maryland with serious mental illnesses.

**NAMHPAC** – The National Association of Mental Health Planning and Advisory Councils – This organization is dedicated to improving the functioning and impact of planning councils through technical assistance and training.

**Nancy Doe Consent Decree** – A class action lawsuit to provide psychiatric services to individuals living in Maryland who are hearing impaired and deaf. As a result of this lawsuit Springfield Hospital Center created a special unit to serve people with hearing impairments.

**NARSAD** – National Alliance for Research on Schizophrenia and Affective Disorders – The nation's largest private foundation dedicated to research on brain disorders.

**NAPCWA** – National Association for Public Child Welfare Administrators

**NASDSE** – National Association of State Directors of Special Education

**NASMHPD** – National Association of State Mental Health Program Directors – Coordinating advocacy group for State mental health program directors.

**NASW** – National Association of Social Workers

**NCSL** – National Conference of State Legislatures

**NIH** – National Institutes of Health – A federal agency located in Rockville, Maryland.

**NIMBY** – "Not In My Back Yard." Discriminatory attitudes that inhibit implementation of a community program for individuals with serious disabilities.

**NIMH** – National Institute for Mental Health – The federal institute that conducts and promotes research and public education regarding health issues. Part of the National Institutes of Health (NIH). NIMH is located in Rockville, Maryland.

## O

**OAG** – Office of the Attorney General

**OAHP** – Office of Administrative Hearings – A State office established in 1990 that provides the opportunity for a citizen to appear before an Administrative Law Judge (ALJ) to obtain an unbiased and objective review of an action taken by a State agency with which the citizen disagrees.

**OCA** – Office of Consumer Affairs – The office within MHA that promotes mental health consumers' involvement in policy development and facilitate the development of consumer operated programs and services.

**OHCQ** – Office of Health Care Quality – This agency was formerly known as Licensing and Certification Administration (LCA) an agency within DHMH that monitors the quality of care and services in Maryland’s health care facilities and community residential programs.

**OJJDP** – U.S. Office of Juvenile Justice & Delinquency Prevention – A unit of the federal Department of Justice responsible for juvenile justice issues.

**OMB** – U.S. Office of Management and Budget

**OMHC** – Outpatient Mental Health Center – A clinic which provides outpatient mental health services. Also known as a CMHC or Community Mental Health Center.

**OOO of Maryland** – On Our Own of Maryland – A self-help and advocacy group of consumers. Statewide umbrella for On Our Own chapters in Maryland that provides support and fosters the development of On Our Own chapters and peer-run business and other activities throughout the State.

**OSEP** – Office of Special Education Programs

**Outcome Measures** – A system of measuring the improvement of consumers’ mental health and functioning, as a result of receiving mental health services.

**Outpatient Services** – Community mental health clinics, mobile treatment, psychiatric rehabilitation, office based practices, clinics, therapeutic nurseries, EPSDT, or other community services.

## **P**

**P&A** – Protection and Advocacy – The process of protecting mental health system consumers from abuse and neglect and assuring that their rights as citizens and recipients of care are fully respected. "P & A" can also refer to the "Protection and Advocacy for Mentally Ill Individuals Act of 1986," which provided federal funds for each State to establish programs designed to protect and advocate for the rights of people with a mental illness.

**PA** – Public Assistance

**Partial Hospitalization (PHP)** – Partial Hospitalization is outpatient short-term, intensive psychiatric treatment that may include medical and nursing supervision and interventions. PHP services must provide consumers with four hours of treatment per day. In order for individuals to utilize PHP services effectively, they must reside in a safe residence.

**PASARR** – Pre-Admission Screening and Annual Resident Review – The Omnibus Reconciliation Act of 1987 (OBRA '87) requires pre-admission screening and/or resident review of individuals with mental illness or developmental disabilities and related conditions, who are applicants to or residents of nursing facilities certified for Medicaid or Medicare funding.

**PASS** – Plan for Achieving Self Support – A PASS is a specific savings/spending plan to set aside income and resources for up to 48 months toward a Social Security Administration (SSA) approved occupational goal. A Plan for Achieving Self-Support can help an individual to establish or maintain SSI eligibility and can also increase the individual's SSI payment amount.

**PATH** – Projects for Assistance in Transition from Homelessness – A formula grant authorized by the Stewart B. McKinney Homeless Assistance Amendments Act of 1990 to provide community-based services for people with serious mental illness who are homeless or at imminent risk of becoming homeless.

**PBIS** – Positive Behavior Interventions and Supports

**PCP** – Primary Care Provider – The provider that serves as the initial interface between the consumer and healthcare system. The PCP is usually a physician, selected by the consumer upon enrollment in a MCO, who is trained in one of the primary care specialties and who coordinates the treatment of consumers under his/her care.

**PDL** – Preferred Drug List – Restrictions on the types of medications covered by insurance providers. Medications prescribed by a doctor that are not on the PDL may require prior authorization by the insurance provider before access to the medication is granted.

**Peer Support Groups** – A resource which allows individuals with the same or similar issues, concerns and/or problems to meet socialize and to communicate with each other on a one-to-one or group basis and to offer support to each member of the group.

**Perkins** – Clifton T. Perkins Hospital Center, the Maryland forensic hospital.

**Physician Advisor** – A board-certified practicing physician who performs Care Management services. The physician is board-certified in psychiatry.

**PMHS** – Public Mental Health System – The publicly supported mental health system of the State of Maryland, funded by State and federal Medicaid funds. The Mental Hygiene Administration has oversight authority and utilizes Core Service Agencies to plan and manage services on the local level and an ASO, Maryland Health Partners, to administer key functions of the system.

**PMHS Providers** – Network of individuals and institutions who are eligible to provide services to individuals served in the Maryland Public Mental Health System.

**PPO** – Preferred provider organization

**Pre-admission Authorization or Preauthorization** – Inpatient hospital care, residential treatment, partial hospitalization and intensive/traditional outpatient services are evaluated and authorized prior to or at the time the services are rendered. Because the services have not occurred, a Care Manager can review the plan for treatment before the services are provided and the cost is incurred. In emergency

situations, preauthorization will be done at the time services are rendered. If care is not preauthorized, it may be subject to a possible denial of some services/days for lack of medical necessity.

**Pre-existing condition limits** – If you were sick or had a health problem before you purchased an individual health plan you may be denied benefits for this pre-existing illness for a limited period of time after you enroll. Individual health plans can look back 7 years to see if you had any pre-existing condition.

**Primary Adult Care program** – (PAC) provides health services to people with limited incomes aged 19 and over who are Maryland residents and meet income guidelines. PAC is a result of legislation enacted in 2003 requiring DHMH to provide health insurance for indigent adults. The program consolidates current health care services provided to adults and utilizes federal funding to expand primary and preventive care to adults lacking health care services.

**Project Home** – Housing and case management program of the Maryland Department of Human Resources.

**PRP** – Psychiatric Rehabilitation Program – A community based rehabilitation program for adults with serious mental illnesses and children with serious emotional disorders. The program provides training, socialization, and support. The purpose of PRPs is to reduce the symptoms of the individual's psychiatric disability while maximizing the person's ability to function successfully in the community.

**PRWORA** – Personal Responsibility & Work Opportunity Reconciliation Act -1996

**PTI** – Parent & Training Information Centers

## Q

**QA** - Quality Assurance

**QDWI** – Qualified Disabled and Working Individuals – These individuals lost their Medicare Part A due to their return to work, and are not otherwise entitled to Medicaid. People in this category, who meet low-income and low-assets requirements, are entitled to have Medicaid pay for their Medicare Part A premiums to purchase Medicare.

**QMB** – Qualified Medicare Beneficiary – A consumer who has Medicare, but is also eligible, due to low-income and low-assets, for minimal benefits under Medicaid, such as, Medicaid paying for the consumer's Medicaid premiums, deductibles and coinsurance.

**QMBs with Full Medicaid (QMB Plus)** – These people are entitled to Medicare Part A and are eligible for full Medicaid benefits. If the individual meets low-income and low assets requirements, Medicaid pays their Medicare Part A and Part B premiums, and perhaps pays for Medicare deductible and coinsurance, and provides full Medicaid benefits.

# R

**RCS** – Residential Crisis Services – Services provided on a short-term basis in a community-based residential setting to prevent inpatient admission. Care given in a residential crisis bed, a respite bed, a therapeutic group home, a group home, or residential rehabilitation program.

**Referred** – Referred is the term used for those individuals who go through the MHP Care Manager to be "referred" for treatment.

**Referring Source** – Consumer, mental health care provider, somatic MCOs, primary care physician, CSA, family, or agency or individual within community.

**Respite Services** – Respite Services provide individuals, adults who have a Serious and Persistent Mental Illness (SPMI) or a child/adolescent who has Serious Emotional Disturbance (SED), with a temporary alternative living situation or assist the individual's home care giver by temporarily relieving the care giver from the responsibility of care and support. Services are designed to support an individual to remain in the individual's home. (COMAR 10.21.27)

**RFA** – Request for Application – specifies the terms and conditions for submitting an application for providing a service.

**RFP** – Request for Proposal – Specifies the terms and conditions for a bidding process or a grant application.

**Resident Grievance System (RGS)** – A State supported system, established by the Coe Consent Decrees, to provide Rights' Advisors in all State psychiatric facilities to assist patients to assure their rights are respected and protected.

**RICAs** – Regional Institute for Children and Adolescents – A facility licensed and operated by the Mental Hygiene Administration that provides residential treatment for children and adolescents who are severely emotionally disturbed. RICAs are located in Baltimore City and Rockville (Montgomery County).

**RRP** – Residential Rehabilitation Program – A program that provides rehabilitation services in a structured home setting to individuals with serious mental illness.

**RTC** – Residential Treatment Center – A mental health facility that provide 24-hour treatment for children and adolescents with emotional, behavioral or mental disorders. Includes the RICAs.

# S

**SAMHSA** – U.S. Substance Abuse & Mental Health Services Administration, the federal agency that fosters the development of mental health services.

**SB** – Senate Bill – Legislation introduced in the Maryland Senate.

**SCC** – State Coordinating Council – An executive group composed of representatives from the Developmental Disabilities Administration, Mental Hygiene Administration, Department of Juvenile Services, Department of Education and Department of Human Resources. The group is charged with approving funding for all out-of-state residential placements.

**Section 1115 Waiver** – The United States Department of Health and Human Services provides waivers from the general Medicaid regulations to allow states to provide managed care programs for all or some consumers.

**Self-Directed Care** – Gives greater control to the consumer over dollars spent to pursue their individual goals. The concept of self-direction is supported by five principles of self-determination: 1) the freedom to live a meaningful life in the community; 2) the authority over dollars needed for support; 3) support to organize resources in ways that are life enhancing and meaningful; 4) the responsibility for wise use of public dollars; 5) confirmation of important leadership that self-advocates must hold in a newly designed system.

**Self-Insured** – When an employer pays medical claims directly without buying coverage from an insurance company. Self-insured companies are exempt from state insurance regulations, and instead are governed by the federal ERISA laws.

**SEP** – Supported Employment Program – Support provided on an ongoing and long-term basis to assist individuals with psychiatric disabilities in choosing, funding and sustaining competitive employment. The environment is usually a competitive work-site with a majority of non-disabled individuals. PRPs, independent employment agencies, and other programs generally provide this service.

**SGHC** – Spring Grove Hospital Center – A State psychiatric hospital in Catonsville, Baltimore County.

**SH** – Supported Housing (See Supported Living)

**SHC** – Springfield Hospital Center. A State psychiatric hospital located in Sykesville, Carroll County.

**SLMB** – Specified Low-Income Medicare Beneficiaries – These individuals are entitled to Medicare Part A and are not otherwise eligible for Medicaid. If the individual meets low-income and low-assets requirements, Medicaid will pay for the individuals Medicare Part B premiums.

**SLMB with full Medicaid (SLMB Plus)** – These individuals are entitled to Medicare Part A and are eligible for full Medicaid benefits. If the individual meets low-income and low-assets requirements, Medicaid pays the individuals Medicare Part B premiums and provides full Medicaid benefits.

**SMH** – State mental hospital

**SMI** – Seriously mentally ill – Sometimes used to describe adults with serious and persistent mental illnesses. Another term often used is individuals with psychiatric disabilities.

**SOCI** – System of Care Initiative

**Sole Source Provider** – Government contract for services awarded without a competitive bidding process because there is judged to be no alternative provider.

**Special Populations** – Individuals who are deaf or hard of hearing, homeless, in jail, or court ordered to DHMH pursuant to HG Title 12.

**Springfield** – See SHC

**Spring Grove** – See SGHC

**SRT** – State Review Team

**SSA** – U.S. Social Security Administration

**SSBG** – Social Security Block Grant – Title XX of SSA

**SSDI** – Social Security Disability Insurance – A disability program of the Social Security Administration. A person must be considered medically disabled, and have worked and paid social security taxes (FICA) for a specific number of years to be eligible.

**SSI** – Supplemental Security Income – A disability program of the Social Security Administration. A person must be considered medically disabled, have little or no income or resources to be eligible.

**Supported Employment** – The public mental health system funds supported employment services. Supported employment provides on-going, support services to people who have Serious Mental illness and who have been unable to maintain full employment.

**Supported Living** – An initiative designed to increase housing options available to persons with serious mental illness. Through supported living programs, individuals with psychiatric disabilities may access an array of flexible services and supports to enable them to live in the housing of choice and to become participating members of the community.

## T

**TANF** – Temporary Assistance for Needy Families – Monthly cash assistance program for families with low incomes, administered by DHR. Formerly known as Aid to Families with Dependent Children (AFDC)

**TAY** – Transition Age Youth – Individuals, aged 14-25, transitioning from child services to adulthood.

**TBI** – Traumatic Brain Injury – An injury to the brain not of a degenerative or congenital nature, caused by an external physical force that may produce a diminished or altered state of consciousness, which results in an impairment of cognitive abilities or physical functioning. It also can result in the disturbance of behavioral or emotional functioning.

**TCA** – Temporary Cash Assistance

**TCM** – Targeted Case Management – Medicaid reimbursed, time-limited, intensive services which are targeted to individuals inadequately receiving mental health services. Case management works with the individuals to identify goals for the individual service plan, provides linkage to services, monitors service provision, and advocates on behalf of the individual (COMAR 10.21.18)

**TDAP** – Temporary Disability Assistance Payments

**Ticket to Work and Work Incentives Improvement Act of 1999** – A voluntary program whereby disabled people can return to work and still keep a portion of their disability payments, while having assurance of continuing medical benefits for a period of time.

**TITLE** – Refers to a major section of the federal Social Security Act. The following titles authorize important programs that benefit individuals with mental health problems:

**TITLE IV** - Child Welfare Act

**TITLE IV-A** - Aid to Families with Dependent Children

**TITLE IV-B** - Child Welfare Services Program

**TITLE IV-D** - Child Support Enforcement Program

**TITLE IV-E** - Foster Care & Adoption Assistance Program

**TITLE V** - Maternal & Child Health

**TITLE XVIII** - Medicare

**TITLE XIX** - Medicaid

**TITLE XX** - Social Security Block Grant

**TITLE XXI** - Child Health Insurance Program

**TNP** – Therapeutic Nursery Program – Community-based clinic program providing a combination of developmental and mental health services to children, aged five or under, at risk for serious emotional or mental disorder, or adjustment problems.

**TQM** – Total Quality Management

## **U**

**UM** – Utilization Management

**Underinsured** – A person who has public or private medical insurance that does not pay for all of the person’s needed health care. As a result, the individual has medical bills that are more serious than the individual’s ability to pay the bills.

**Uninsured** – Individuals who do not have public or private insurance.

**Upper Shore Hospital** – A State psychiatric facility located in Kent County.

**UR** – Utilization Review

**USDE** – U.S. Department of Education

**UW** – United Way

## V

**Vaughn G. vs. Amprey** – (Special Education Baltimore City) Consent decree requiring timely assessments and development and implementation of IEP.

## W

**W&M** – House Ways and Means Committee

**WIC** – Special Supplemental Food Program for Women, Infants & Children

**Waiver** – An agreement between the federal CMS and a State that permits the State to deviate from federal guidelines that dictate the administration of its Medicaid program. It is through a waiver, either an 1115 or a 1915-B waiver that states have traditionally obtained approval to implement mandatory managed care programs for their Medicaid populations.

**WIC** – Special Supplemental Food Program for Women Infants and Children

**Wraparound Services** – Wraparound services are provided to children and adolescents with serious emotional disturbances (SED). The services include an individualized plan for the minor and the family and community services.